

REGULAR GROUPS AND ACTIVITIES – ALL WELCOME!

Booking for most activities is not normally required so just turn up unless otherwise specified

What	When	Where	Notes	
Coffee Mornings	Monthly	Last Wednesday, 11am-12noon	Village Hall	Donations to charity of the month
Ladies Lunch	Monthly	First Wednesday, 12.30-2	Fox & Goose	Book a place at the pub 763239
Old Gits	Weekly	Wednesday, 8.30ish onwards	Fox & Goose	Men meeting up for a drink
First Friday	Monthly	First Friday, 8.30ish onwards	Fox & Goose	Village get together for a drink
Art Club	Weekly	Thursday, 10am-12noon	Village Hall	All abilities. £2.
Book Club	Every 6 weeks	Thursday, 7.15pm	Village Hall	Meetings: 4/4, 25/5, 27/6, 8/8, 19/9, 31/10, 12/12
Craft Group	Monthly	Second Wednesday, 2pm-4pm	Village Hall	
Knit & natter	Weekly	Tuesday, 2pm-4pm	Pavilion Stores/Café	
Goosebumpers	Weekly	Tuesday (usually)	Tide dependent	Swimming. Phone 763821 for more info
Pilates	Weekly	Monday, 6pm-7pm	Village Hall	£6. Arrive early if it's your first time
Zumba	Weekly	Thursday, 6pm-7pm	MUGA/Village hall	£5. At Village Hall in winter months or if raining
Church services	1 st & 3 rd Sun	Sunday, 9am	Christ church	1 st Sunday holy communion, 3 rd family service

Seasonal activities: Tennis, Netball, Tag rugby, Walking football, Table tennis. Announcements on Parracombe Community News Facebook page.